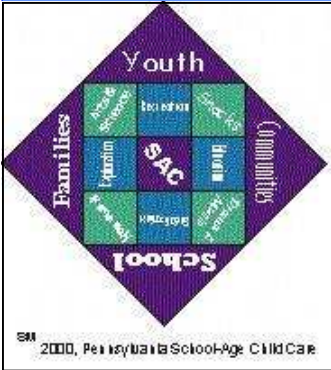


Winter 2010



13TH ANNUAL PENN SACCA STATEWIDE CONFERENCE

THE NATIONAL PRESENTERS:



Mike and Chelsea

Laurie Ollhoff



Conference Co-Chairs



Thomasine Washington and Connie Morak



Raffle Winners



Friday night's reception: Creating network opportunities



PENN SACCA BOARD MEMBERS

PENNSYLVANIA SCHOOL-AGE CHILD CARE ALLIANCE
PENN SACCA REPORTS



**Congratulations to
Sara Hemperly, winner of the
2010 David L. Spencer Conference
Scholarship.**



The scholarship honors a school-age professional whose contributions to the betterment of the lives of school-age children exemplifies the energy, dedication, and professional standards of David L. Spencer, a former PENN SACCA board member and colleague..

Sara Hemperly has worked on behalf of school-age children for the past 21 years. Prior to being employed by GEAR in Elizabethtown, she worked as a family day care provider and as a school district instructional aide. At GEAR, she started as an assistant group supervisor and later earned her Associate Degree in ECE at Harrisburg Area Community College. She is currently supervising two sites working on obtaining STAR 3 status.

Sara indicated that the emphasis on professionalizing the school-age care field has benefitted children. “What we learn as school-age professionals has direct impact on our children.”

She suggests that if possible, “find a mentor” and invest time in professional development trainings.

Congratulations to Sara for emulating the best qualities of school-age professionals.

National Afterschool Association’s Pennsylvania’s Accredited Programs, October, 2010	
Childspace Day Care Center, Philadelphia	Montgomery Early Learning Centers -Ridge Park
DDSP School Age Services New Cumberland	Montgomery Early Learning Centers - Whitmarsh
Enriched After-School Club - Penrose	School-Age Services Carlisle Barracks
Enrichment Workshop for Children - Struble Base	Swarthmore After School Club
Enrichment Workshop for Children—Valley Base Bensalem	The After School Center Philadelphia
Franklin School-Age Care Development Center	Tobyhanna Army Depot School-Age Services - Tobyhanna
Lois Learning Tree Philadelphia	Wallingford After School Club
Montgomery Early Learning Centers - Belmont Hills	Warwick CDC - Markley Exton
Montgomery Early Learning Centers -Conshohocken	Warwick CDC - Sugartown

Council on Accreditation Pennsylvania’s Accredited Programs, October, 2010
St. Paul Christian Child Care Center
Reaccredited by COA: Montgomery Early Learning Centers - Bala Cynwyd Jenkintown Plymouth Meeting



Joyce Lang, PENN SACCA Co-Chair, presents an award to Karen Fink from St. Paul Christian Child Care Center for receiving COA accreditation.

WHO is PENN SACCA?

Our Mission:

PENN SACCA supports
School-Age Professionals.

Our Vision:

To create strong school-age
professional networks in half of
PA's counties by 2013.

Values

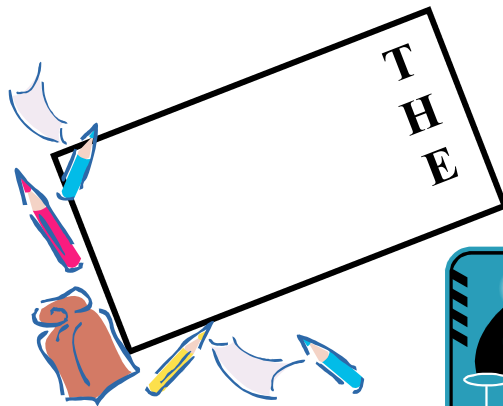
Communication

Learning

Excellence

Leadership

Engagement



PENN SACCA hopes these resources help you in your quest
to grow professionally, thereby helping children succeed.

PENN SACCA
www.pennsacca.net

National Afterschool Association
www.naaweb.org

National Institute on Out-of-School Time (NIOST)
www.niost.org

Promising Practices in Afterschool
www.afterschool.org

Afterschool Alliance
<http://www.afterschoolalliance.org>

**Pennsylvania Statewide After-school/Youth Development
Network (PSAYDN)**

<http://www.pde.state.pa.us/pde> www.psaydn.org

Pennsylvania 21st Century Community Learning Centers
www.21stccclc.org

Connect for Kids
<http://www.connectforkids.org/>

Service Learning & Volunteering
www.learnandserve.org
www.kidscare.org
www.servicelearn.com

Curricula:

US Department of Education Afterschool Training Tool Kit
www.sedl.org/afterschool/tooolkits

Program Improvement:
The James Irvine Foundation
www.irvine.org (Check out the Afterschool Toolkit)

2011 Calendar of Events

March 8-10, 2011
Promising Practices Proven Strategy
2011 Extra Learning Opportunities Conference
Harrisburg, PA

April 16-18, 2011
2011 NAA Convention
Gaylord Palms Resort & Convention Center
Orlando, Florida

May 16-7, 2011
10th Annual Afterschool for All Challenge
Washington, DC
www.afterschoolalliance.org/challenge

November 11, 12, 2011
PENN SACCA 14th Annual Statewide Conference
Holiday Inn Harrisburg East-Conference Center
Harrisburg, PA

November 30-December 2, 2011
Early Childhood Education Summit
State College, PA



SUBMIT AN ARTICLE

If you have ideas about articles for future
editions of this newsletter, or if you are
interested in submitting an article, please email
Eileen Jones at eiljon@berksiu.org.

Submit error free articles between 75 and 150 words in
length. Articles should highlight afterschool successes.

Don't forget to send your successful ideas or tips.

Deadline for all submissions: April 1, 2011.

Co-Chairs' Corner

PENN SACCA's Vision - To create strong School-Age professional networks in half of Pennsylvania's counties by 2013.

We're thrilled to report that there are SACC Networks in:

6 of the 9 counties we had targeted for 2010

Dauphin, Delaware, Erie, Indiana, Montgomery, Philadelphia

3 of the 10 counties we had targeted for 2011

Allegheny, Lancaster/, York

Nine down, 24 to go!

At the PENN SACCA Conference 6 leaders were trained to facilitate SACC Networks. Many ideas and issues were discussed, including a retreat for SACC Network leaders, the challenges of networks in rural counties, and the use of technology for networking. Many conference participants expressed an interest in joining a network. Plans for 2011 include:

Transitioning the leadership of the Lancaster network to Lucy Zimmerman from the Lancaster Recreation Commission and Wendy Roush from Hildebrandt Learning Centers (freeing Mary Jane Hostetter from the South Central Key to start up networks in other counties in the South Central Region)

Creating a SACC Network in Berks County, lead by Eileen Jones of the Berks County IU

Creating a SACC Network in Centre County, lead by Robin Foltz of the Child Development and Family Council

Creating a SACC Network in Lehigh and Northampton County, lead by Pat Hunter of the Spring Garden Children's Center and Joyce Lang from Northampton Community College

Beginning conversations for SACC Networks in Monroe and Pike Counties, lead by Josephine Gioia from The Growing Place and Joy Merrihew of Little Acorns Day Care

Beginning conversations for the development of SACC Networks in the Central Region with Claudia Hunold from the Central Key

If you'd like to join or start a network, contact PENN SACCA

board members Chuck Lytle chuckl@nwir.org, Suzanne Ashman sashman@pitt.edu, Lauren Haag lbhaag@comcast.net or Joyce Lang jlang@northampton.edu.

Annual Conference – Many thanks to Connie Morak and Thomasine Washington, Conference Co-Chairs, and the Conference Committee for their hard work on the successful 13th Annual PENN SACCA Conference. *“Networks: Moving Together One SACC Program at a Time”* gave us the wonderful opportunity to learn from national experts, like Chelsea and Mike Ashcraft and Laurie Ollhoff, and to meet with our colleagues within our regions and from across the state.

Save the date for our 14th Annual Conference on November 11 and 12, 2011. **Remember, this is the only statewide conference in Pennsylvania designed specifically for professionals in School-Age Child Care!** Some programs may plan to close on November 11 so that staff can participate in this special professional development opportunity. So, spread the word and save the date: November 11 and 12, 2011 in Harrisburg!

Strategic Planning – The PENN SACCA Board is planning a retreat this spring to focus on the development of a strategic plan and board development. We'll keep you posted on our progress.

Board Elections – Congratulations to the following Board Members who have been re-elected for 3 year terms:

- Robin Foltz, Centre County
- Eileen Jones, Berks County
- Chuck Lytle, Erie County
- Jim McPartlin, Bucks County
- Shileste Overton-Morris, Dauphin County
- Suzanne Vannaman, Delaware County

Nominations for PENN SACCA Board members will be solicited early in 2011. If you're ready to play a greater leadership role in our profession, or know another PENN SACCA member who is, please consider nominating them or yourself for the Board. The Board meets about 6 times a year, usually half face-to-face and half via conference call. We need strong leaders and hard workers who can bring energy and enthusiasm to lead PENN SACCA into the future.

Have a warm and wonderful winter!

Robin Foltz and Joyce Lang, PENN SACCA Co-Chairs

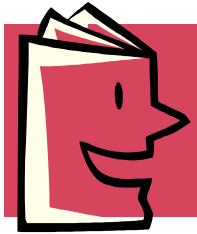
SAVE THE DATE
PENN SACCA 14TH ANNUAL CONFERENCE
NOVEMBER 11, 12, 2011 HARRISBURG, PA

THUMBPRINTS

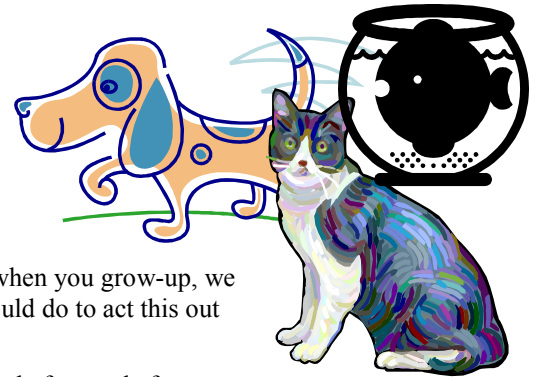
As caregivers we know the importance of children’s self-esteem. We strive each day to develop a positive and supportive relationship with our children. We want them to feel respected and valued. If children feel good about themselves it will influence their attitude, behaviors, and it will motivate them to develop positive relationships with others and in turn they will respect the feelings of others. It will give them a sense of trust and help them to feel secure.

We created an activity in our before and after school clubhouse program that we thought would be a fun and interesting way to help the children improve their self-esteem. The activity was entitled “Thumbprints”. This activity was also a great way to include and connect with our parents. First we sent home a letter explaining our “Introducing Me” questionnaire. We asked the parents to take a few minutes with their child to answer a list of questions, just quick and simple. Example of some of the questions were:

- a. Who are the people and pets in your family?
- b. List the names of some of your friends?
- c. What is your favorite movie?
- d. What is favorite book?
- e. What do you like to do on the weekends?



When they reached the question “What would you like to be when you grow-up, we asked the parents to help their children come up with a few clues of what they could do to act this out like charades.



Next we made a large copy of a thumbprint and gave one to each child during our before and after school program. We asked them to use the thumbprint as part of their picture and to draw what they would like to be when they grow up. Then, during circle time, we talked to the children about respect and set a few ground rules. We played charades and told each child they could call on three people to make a guess about “what they were acting out to demonstrate what they wanted to be when they grow up”. We then displayed their “Introducing Me” questionnaires along with their thumbprint drawings. The results were some very unusual occupations and creative drawings.

This project was a great way to demonstrate respect for one another and to show that each of their responses was valuable and unique to them “no two are alike”. It was a great teaching moment for us and the children just plain had fun participating.

Submitted by: Robin Brown



Activities to Help Groups Jell:



Believe It or Knot:

With the entire group holding a 15 foot piece of rope knotted to form a circle), the knot is used as a pointer to identify the person

talking. Begin by passing the knot to the right around the group. Someone in the group says, "Stop!" the knot stops, and the person nearest to it has the opportunity to disclose some interesting fact about them, such as, "I have never flown in an airplane." It is now the discussion and responsibility of the rest of the participants to decide whether they believe that this information is true or false. The group gives their opinion about the validity or falseness of the disclosure, and the person providing the comment says "True or False." He then says "right" or "left" and the rope is moved in that direction. He then says, "Stop", and a new person has to share something interesting or unusual to the group. NOTE: The rope when knotted is known as a Raccoon Circle for play purposes.

1-2-3-4...9-10

The Ten Count:

The group must count to ten, collectively, one at a time, without any two people saying a number at the same time and with no verbal planning. This will get the group to cooperate and focus. Ask the group to form a circle. Explain that no talking or planning is allowed. The task is for the group to count to ten collectively without any two people saying a number at the same time. For example, one person starts by shouting "one" and another person shouts "two" and so on. When two or more people speak simultaneously, the entire group must start back at zero. For example, if two people call out "five", the group restarts. Each number must be called out clearly by one person, and no one else may talk when a number is called. The group must work out an informal solution to accomplish this task. You'll find that talking isn't the only method of communication. Group members will work out solutions in many creative ways.

Inside Out:

This is a great initial problem solving activity. Begin with a Raccoon Circle on the floor. Have the entire group step inside the circle. The task now is for the entire group to go from the inside of the circle to the outside, by going underneath the Raccoon Circle, without anyone in the group using their arms, shoulders, or hands.

What is important in this activity is to stress the group problem solving process. In order for other members of the group to assist in the completion of the task, they need to

know the plan, and what their part is in the solution. To this end, encourage the group to "plan their work" and then "work their plan." This means that prior to ANY action, the group will need to plan their approach to solving this problem, and making sure that everyone in the group knows their part of the plan. After completing the task, use debriefing questions to ask the group if they had a plan, and if they did, did they change the plan during the completion of the activity, and if so, "why?" As a second part to this activity, you can also ask the group to go "OUTSIDE IN", again without using their hands, arms, or shoulders... and see if they "plan their work" before "working their plan."



Nervous Breakdown:

Players stand in a circle with their hands behind their backs. One person (start with an adult) is "IT," and stands in the middle with an easily catchable ball. "IT" tosses the ball (underhand) to individuals in the circle. If the person catching the ball misses it, he must sit down (remaining in the circle). "IT" may also "fake out" an individual by pretending to toss the ball. If the person catching the ball moves his hands from behind his back to catch the ball that wasn't thrown, he must also sit down. Anyone who catches the ball or the last person standing gets to be IT for the next game.



Speed Rabbit:

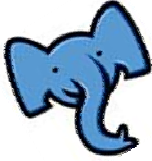


Get in a circle and choose and "IT" in the middle. That person goes to a person in the circle and says either "RABBIT", "MODEL", or "ELEPHANT." If "RABBIT" is said, the person that is chosen puts up rabbit ears on his head, and the two people on either side of the "RABBIT" thump a foot closest to the "RABBIT". If "MODEL" is said, the



person that is chosen strikes a pose, while the people on either side take imaginary photographs with an imaginary camera. If “ELEPHANT” is said, the chosen person raises his trunk and

trumpets, while the people on either side make big elephant ears with their arms. If the person in the middle or the people on either side mess up that person is the next “IT.”



NOTE: The above games were presented at the 2010 PENN SACCA Conference by Mike and Chelsea Ashcraft.

**Email: ashcraft@childrens-choice.org
web site: www.childrens-choice.org**

Hot Air Balloon Escape

Create hot air balloons to help you escape from the cold wintry weather. Use a globe or world map and encourage your students to pick a destination. If you are fortunate to have space that allows the map to be posted, fasten a piece of yarn from your home town to a child’s destination.



- Supplies:**
- White poster board**
- Crayons or markers**
- Paper lunch bags**

Yarn

Time Needed: 30 minutes

Cut a large balloon shape from a white poster board and have kids decorate both sides with crayons or markers.

Cut a paper lunch bag about a third from the bottom for the basket.

Punch two holes on the bottom of the balloon shape and on the short side of the lunch sack. Attach the basket with yarn.

Hang from the ceiling and enjoy.

Dear Penn SACCA Members,

Thank you for participating in the Lights On Afterschool which was celebrated nationwide to call attention to the importance of after-school programs for America's children, families and communities.



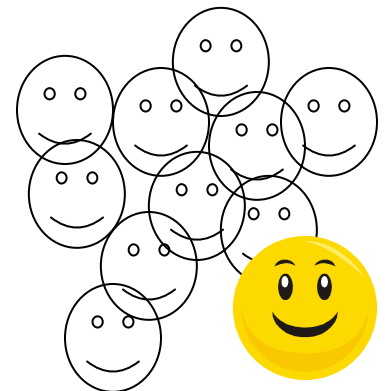
Over 300 Pennsylvania afterschool programs registered their Lights On Events which was a 14% increase from last year. This increase in participation means that more programs are recognizing the importance of highlighting after-school in their local communities which broadens the support of afterschool in Pennsylvania by key stakeholders such as community based organizations, elected officials and parents. Thank you again and congratulations!



Shileste Overton-Morris
Youth Development Program Manager
Center for Schools and Communities
275 Grandview Avenue
Suite 200
Camp Hill, PA 17011



You without a network.



You with a school-age network!



Pennsylvania School-Age
Child Care Alliance
P. O. Box 14574
Pittsburgh, PA 15234

**Pennsylvania School Age Child Care Alliance
2009-2010 Board of Directors**

Officers:			
Co-Chair	Joyce Lang	Bethlehem	jlang@northampton.edu
Co-Chair	Robin Foltz	State College	rfoltz@cdfc.org
Chair Elect	Sharon Schweninger	Pittsburgh	sschwen@ymcapgh.org
Secretary	Lauren Haag	State College	lbhaag@comcast.net
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SM 2000, Pennsylvania School-Age Child Care